



## *I Ddechrau - To Start*

*Cawl y Dydd - Chef's Homemade Soup of the Day £5.25*

*Served with Crusty Bread (GF Bread on Request)*

*Paté Macrell Mygedig - Smoked Mackerel Paté £6.25*

*Topped with Roasted Pine Nuts & served with Peppered Rocket Salad & Crostini Toasts*

*Croquettes Caws Mygedig a Chenin - Smoked Applewood Cheddar & Leek Croquets £5.75*

*With Cranberry Compote, Balsamic Glaze & Cherry Tomatoes*

*Adenydd Penderyn - Sticky BBQ Chicken Wings £5.95*

*Smothered in Penderyn "Myth" Welsh Whisky Glaze*

*Paté Iau Cyw Iâr, Saets a Nionyn - Chicken Liver, Sage & Onion Paté £6.25*

*Served with Fruit Chutney, Rocket Salad & Toasted Brioche*

*Cacenni Pysgod Penfras ac Eog - Salmon, Cod & Dill Fishcakes £5.95*

*With Homemade Tartare Sauce & Pickled Cucumber*

*Penwaig 'di Ffrio - Deep Fried Whitebait £5.25*

*Served with Garlic & Lemon Allioli*

*Salad Caws Halloumi - Grilled Halloumi Salad £6.25 / £12.25*

*With Marinated Olives & Sundried Tomatoes*

## Prif Gyrsiau - Main Courses

*Y Byrgyr Tal y Cafn - The Tal y Cafn 8oz Beef Burger £14.95*

*Byrgyr Cyw Iâr Cajun - Cajun Chicken Burger £13.95*

*Served on a Brioche Bun with Hand Cut Chips, Coleslaw, Homemade Ketchup & Beer Battered Onion Rings*

*Double Up £1.95; add Bacon £1.00, Mature Cheddar or Blue Cheese £0.75*

*Palfais Oen Cymreig - Braised Welsh Lamb Shoulder Henry £17.95*

*Served with Leek & Potato Dauphinoise, Buttered New Season Greens, Sprouting Broccoli & Lamb Gravy*

*Cod Cytew Cwrw a Sglodion - Beer Battered Cod & Hand Cut Chips £13.95*

*With Dill Crushed Peas & Homemade Tartare Sauce*

*Iau Oen Cymreig a Nionod - Pan Fried Welsh Lambs Liver & Onions £12.95*

*Served with Smoked Bacon Mash & Caramelised Red Onion Gravy*

*Cyw Iâr 'Hunters' - Classic Hunters Chicken £14.95*

*Stuffed Chicken Breast served with Hand Cut Chips, Dressed Salad & Homemade Coleslaw*

*Cyri Cyw Iâr Thai - Thai Green Chicken Curry (Medium) £13.95*

*With Homemade Flatbread & Cucumber Raita; choose from Boiled Basmati Rice, Handcut Chips, or Half & Half*

*Tro-ffrio Hwyaeden Hoi Sin - Hoi Sin Duck Stir Fry £13.95*

*Thinly sliced duck breast, served with Egg Noodles, Water Chestnuts, Bamboo Shoots, Bean Sprouts & Prawn Crackers*

*Ffiled Brithyll Llyn - Grilled Fillet of Lake Trout £13.95\**

*With Smoked Bacon, Creamed Leeks and Buttered Crushed New Potatoes*

*\*Whilst every care has been taken to remove bones, some may remain*

*Tagliatelle Eog a Tomatos 'di Sychu - Salmon & Sundried Tomato Tagliatelle £14.95*

*Served with Homemade Pesto, Creamy Sauce, Pea Shoots & Garlic Bread*

*Risotto Hadog Mygedig, Cennin a Sibol - Smoked Haddock, Leek & Spring Onion Risotto £7.00/£13.00*

*Served with Parmesan Crisps*

## From The Grill – O'r Gril

*All Meats are Locally Sourced and weights are Approximate Uncooked Weights*

*All Grill Dishes are served with Hand Cut Chips, Field Mushroom & Balsamic Cherry Tomatoes*

*Add Peppercorn Sauce, Classic Dianne, or Garlic & Herb Butter for £2.25*

*Load Your Chips with Pancetta Lardons & Welsh Cheddar for £2.00*

*Gril Mawr Tal y Cafn - The Tal y Cafn Mixed Grill (16oz) £21.95*

*Rump Steak, Chicken Breast, Pork & Leek, Dragon Sausage, Lamb Loin Chop, Smoked Bacon Steak & Black Pudding*

*Stecen Syrloin Cymreig - 10oz Welsh Sirloin Steak £21.75*

*Stecen Llygad Asen - 8oz Welsh Ribeye £19.95*

*Stecen Rymp Cymreig - 8oz Welsh Rump £15.95*

## Platiau Poethion - Sizzling Skillets

*All Skillets are served with Hand Cut Chips, Dressed Salad & Tortilla Wrap*

*Cyw Iâr Cajun - Cajun Chicken £14.95*

*Cig Oen a Mintys - Minted Welsh Lamb Leg £15.95*

*Cig Eidion Cymreig a Teriyaki - Teriyaki Welsh Beef £15.95*

## Hanging Skewer Kebabs

*All Kebabs are served with Hand Cut Chips, Salad, Dipping Sauce & Homemade Flatbread*

*Halloumi a Phupur Coch - Halloumi & Red Pepper (v) £14.95*

*Corgimwch Garlleg a Tsili - Garlic & Chilli King Prawn £16.95*

*Cyw Iâr Cajun - Cajun Spiced Chicken £14.95*

*Cig Eidion Cymreig - Lightly Spiced Welsh Beef £17.95*

## Salad

*Ham a Chaws Cryf Cymreig gyda Picil - Ham & Mature Welsh Cheddar Ploughmans £10.95*

*Served with Pickled Onions, Gourmet Bread & Mixed Pickle*

*Salad Cesar Clasurof - Classic Caesar Salad £11.95*

*Ychwanegwch Cyw Iâr am £2.00 - Add Chicken for £2.00 extra*

*With Caesar Dressing, Anchovies & Parmesan Shavings*

*Salad Berwr gyda Eog 'di Potsio - Poached Salmon & Rocket Salad £11.95*

*Dressed with Lemon & Herb Mayonnaise*

## Sandwiches - Brechdanau

*Ceir dewis rhwng Bara Gwyn, Bara Granar neu Ciabatta, a phob un yn dod gyda Salad a Coleslaw*

*Ychwanegwch Sglodion am £2.00, neu Gawl am £2.50*

*A choice of White, Granary or Toasted Ciabatta; all served with Dressed Salad & Homemade Coleslaw*

*Add Hand-Cut Chips £2.00, or Soup Of The Day £2.50*

*Caws Cryf Cymreig a Siytni Nionod Melys - Welsh Cheddar & Sweet Onion Chutney £5.25*

*Ham Pob a Siytni Tomatos - Baked Ham & Cherry Tomato Chutney £5.45*

*Tŵna a Chiwcymbr - Tuna Mayo & Cucumber £5.50*

*BLT Clasurof - Classic BLT £5.65*

*Pesto ac Eog 'di Potsio - Poached Salmon & Pesto £6.25*

*Caws Pob - Welsh Rarebit Bloomer £6.25*

*Stecen a Nionod Cochion Melys - Minute Steak & Caramelised Red Onion £7.45*

*All Sandwiches are available on Gluten Free Bread Rolls upon request*

*Mae pob Brechdan ar gael gyda Bara Heb Glwten*

## Yn Ychwanegol - Sides

*Hand Cut Chips or Skinny Fries £3.00*

*Garlic & Herb Ciabatta £3.35; with Cheese £3.75*

*Dressed Side Salad £2.95*

*Beer Battered Onion Rings £3.00*

*Panache of Buttered Vegetables £3.50*

*Leek & Potato Dauphinoise £3.50*

*Bread & Olives £3.95 - To Share £7.50*

*Served with Olive Oil & Balsamic, Pesto Mayo, Garlic & Lemon Allioi*

## Pwddin - Desserts

*The Tal y Cafn Knickerbocker Glory £6.95*

*Raspberry & Blueberry Compote Chantilly Cream, Vanilla Ice Cream and Pistachio Crumb*

*Pwddin Bara Menyn gyda Cnau Pecan - Bread & Butter Pudding £5.75*

*With Pecan Nuts, Maple and Vanilla Custard*

*Pwddin Taffi - Sticky Toffee Pudding £6.25*

*With Butterscotch Sauce & Vanilla Pod Ice Cream*

*Cacen Caws Mefys a Siocled Gwyn - Strawberry & White Chocolate Cheesecake £6.25*

*Summer Berry Coulis & Strawberry Ice Cream*

*Melysgybolfa - Summer Berry Eton Mess £5.75*

*Strawberries, Blackberries, Raspberries & Redcurrants with Crushed Meringue & Chantilly Cream*

*Hufen Iâ Parisella - Parisella's Ice Cream £4.95*

*Choose 3 Scoops from Triple Chocolate, Mint Choc Chip, Vanilla, Strawberry, Turkish Delight or Unicorn*

*Or Lemon, Blackcurrant or Mango Sorbet*

*Bwrdd Caws Cymreig - Welsh Cheese Board £8.25*

*Mature Welsh Cheddar, Perl Las, Caerphilly & Perl Wen, Served With Crackers, Fruit Chutney, Celery & Homemade Fruit Loaf*

# **Bwydlen Plant - Childrens Menu**

*(O dan 15 mlwydd oed / Under 15 years)*

## **I Ddechrau - To Start**

*Cawl y Dydd - Chefs Homemade Soup Of The Day (GF On Request) £2.95*

*Madarch Garlleg ar Dost - Garlic Mushrooms On Toast (GF On Request) £3.95*

*Bara Garlleg gyda Caws - Cheesy Garlic Bread £3.35*

## **Prif Gyrsiau - Main Courses**

*Tameidiau o Gyw Iâr, Sglodion a Pys - Battered Chicken Breast Chunks, Chips & Garden Peas £5.95*

*Stecen Rymp gyda Sglodion a Pys - Grilled Welsh Rump Steak, Chips & Garden Peas £6.50*

*Cod a Sglodion gyda Sos Coch Cartref - Battered Cod & Chips with Homemade Ketchup £6.25*

*Tagliatelle Hufennog gyda Ham a Chaws Cymreig - Creamy Ham & Welsh Cheddar Tagliatelle £5.45*

*Cyw Iâr 'di Rhostio gyda Tatws Newydd, Llysiau a Grefi - Roast Chicken, New Potatoes, Vegetables & Gravy £6.95*

## **Pwdin - Desserts**

*Chocolate Brownie Sundae (GF on Request) £3.95*

*Hufen Iâ Parisella - Parisella's Ice Cream with Individual Fruit Jellies £3.25*

*Choose 3 Scoops from Triple Chocolate, Mint Choc Chip, Vanilla, Strawberry, Turkish Delight or Unicorn*

*Pwdin Bara Menyn gyda Cnau Pecan - Pecan Nut and Maple Bread & Butter Pudding with Vanilla Custard £2.95*

*Pwdin Taffi - Sticky Toffee Pudding & Vanilla Pod Ice Cream £2.95*

*Cacen Caws Mefys a Siocled Gwyn - Strawberry & White Chocolate Cheesecake £3.25*

# *I Lysieuwyr - Vegetarian Meals*

## *I Ddechrau – To Start*

*Sundried Tomato & Pesto Bruschetta £5.95*

*Cawl y Dydd - Chef's Homemade Soup of the Day £5.25*

*Croquettes Caws Mygedig a Chenin - Smoked Applewood Cheddar & Leek Croquettes £5.75*

*Salad Caws Halloumi - Grilled Halloumi Salad £6.25/£12.25*

## *Main Courses*

*Ysgiwyr Halloumi a Phapur Coch - Halloumi & Red Pepper Hanging Kebab Skewer £14.95*

*Byrgyr Ffa a Llysiau Speishyd - Spicy Bean & Mixed Vegetable Burger £12.95*

*Risotto Caws Mygedig a Sibol - Smoked Cheddar & Spring Onion Risotto £13.95*

*Cyri Llysiau Thai - Thai Green Vegetable Curry (Medium) £13.95*

*Plat Poeth o Lysiau Canoldiraidd - Mediterranean Vegetable Sizzling Skillet £11.95*

## *Vegan Options*

### *I Ddechrau - To Start*

*Sun-Dried Tomato & Basil Bruschetta £5.95*

*Salad Cnau Pinwydd a Pistachio - Toasted Pine Nut & Pistachio Salad £5.25*

*Risotto Pupur Du a Sibol - Spring Onion & Black Pepper Risotto £6.25*

### *Prif Gyrsiau - Main Courses*

*Madarch Pob gyda Garlleg 'di rhostio a Llysiau Canoldiraidd - Baked Field Mushroom stuffed with Roast Garlic & Mediterranean Vegetables £11.25*

*Risotto Pupur Du, Cibellys a Sibol - Spring Onion, Chive & Black Pepper Risotto £11.95*

*Planhigyn Wy, Corbwmpen a Phapur 'di Rhostio - Roast Aubergine, Courgettes & Peppers £11.75*

*With a rich Tomato Gravy & Sautéed Potatoes*

# Gluten Free Choices

## I Ddechrau - To Start

*Cawl y Dydd - Chef's Homemade Soup of the Day £5.25*

*Paté Macrell Mygedig - Smoked Mackerel Paté £6.25*

*Paté Iau Cyw Iâr, Saets a Nionyn - Chicken Liver, Sage & Onion Paté £6.25*

*Salad Caws Halloumi - Grilled Halloumi Salad £6.25 / £12.25*

## Prif Gyrsiau – Main Courses

*Ffiled Brithyll Llyn - Grilled Fillet of Lake Trout £13.95*

*Iau Oen Cymreig a Nionod - Pan Fried Lambs Liver & Onions £12.95*

*Salad Berwr gyda Eog 'di Potsio - Poached Salmon & Rocket Salad £11.95*

*Ysgiwer Halloumi a Phupur Coch - Halloumi & Red Pepper Hanging Skewer Kebab £14.95*

*Ysgiwer Corgimwch Garlleg a Tsili - Garlic & Chilli King Prawn Hanging Skewer Kebab £16.95*

*Ysgiwer Cig Eidion Cymreig - Lightly Spiced Welsh Beef Hanging Skewer Kebab £17.95*

*Ysgiwer Cyw Iâr Cajun - Cajun Chicken Hanging Skewer Kebab £15.95*

*All served with Salad, Boiled New Potatoes & Dipping Sauce*

## Gluten Free Desserts

*The Tal y Cafn Knickerbocker Glory £6.95*

*Melysgybolfa - Summer Berry Eton Mess £5.75*

*Browni Siocled Cynnes - Warm Chocolate Brownie £5.75*

*Hufen Iâ Parisella - Parisella's Ice Cream £4.95*

*Choose 3 Scoops from Triple Chocolate, Mint Choc Chip, Vanilla, Strawberry, Turkish Delight or Unicorn*

*Or Lemon, Blackcurrant or Mango Sorbet*