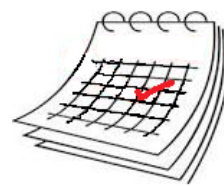


# PLAN YOUR ESCAPE

## FOLLOW THESE TIPS TO HELP YOU PLAN AN ESCAPE ROUTE IN THE EVENT OF A FIRE

### Things you should do regularly

- Review your home layout and decide which routes are quickest out of each room
- Plan backup routes out of each room in case your original route becomes blocked



- Keep doors and windows clear of clutter to allow a quick exit in an emergency
- Store keys close to doors and windows and make sure everyone in the household knows how to unlock all locks and catches
- Practice your escape routes with your household, especially with children, as this will allow you to act fast in the event of a fire without panicking
- Have a plan for small children and those with mobility issues, make sure they know who will help them, or how they will get out if they need to

### In the event of a fire

- When the smoke alarm sounds exit your home straight away. Do not stop to collect valuables
- Do not look for the fire or attempt to tackle it yourself. Get out and call 999





# PLAN YOUR ESCAPE

- Stay low to avoid inhaling smoke which rises
- Touch doors with the back of your hand before opening, if it is hot **leave it shut**, the fire could be on the other side

**999**

- Once outside, call 999 and stay out. **NEVER** return to a burning building

## What to do if all your escape routes are blocked

- If you are trapped and have no means of escape try and keep everyone in one room
- Call 999 and explain you are trapped and which room you are in
- Cover the bottom of the door with bedding or clothing to stop smoke entering
- Open the window and yell for help



- If you need to break the window, break the glass from the bottom to avoid it falling on you, cover jagged edges with bedding or clothing to avoid cutting yourself
- If it is safe to do so, you can use bedding or clothing to lower yourself to the ground but **only if you can do so safely**, do not jump out.

**REMEMBER: GET OUT! STAY OUT!**