



## **The Spa Café and Bar**

### **Lighter Options**

Available until 6.30pm daily

Soup of the day(v)	£ 5.95
Toasted tea cake, butter and strawberry preserve	£ 2.30
Toasted crumpets, butter and strawberry preserve	£ 2.00
Home made biscuits	£ 2.00
Giant cookie	£ 1.90
Crisps/Nuts/Popcorn	£ 1.50
Freshly ground coffee, cappuccino, latte espresso, mocha (decaffeinated available) or tea with a choice of one item below	£ 6.00
Carrot and date cake	
Lemon drizzle cake	
Cakes individually priced at	£ 4.00

Sandwiches on bloomer (granary or crusty white) served with crisps  
**£ 7.95**

Classic prawns in a Marie Rose sauce, avocado and rocket leaves  
Roasted beef, horseradish and watercress  
Smoked bacon, lettuce, mustard mayonnaise, vine tomato  
Cheddar cheese with red onion and balsamic chutney (v)

### **Chilled drinks**

White chocolate and raspberry milkshake	£ 2.95
Espresso and salted caramel frappe	£ 2.95
Mango, mint and coconut smoothie	£ 2.95

Our Tariffs are fully inclusive of service and VAT.  
If they wish guests may leave gratuities at their discretion

### **ALLERGENS AND SPECIAL DIETS**

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion, whilst in the hotel. Whilst we are committed to informing our guests accurately of any allergenic contents in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces from other dishes may be present in food served here, or on surfaces.

**October 2016**