


Disability Sport Activities

Club/Session	Disability Club/ Inclusive Club	Contact Name	Contact Details
Elite Martial Arts Denbigh		Graham Field	07799332450
Flying High Trampoline Denbigh		Laurel Morgan	flyinghigh@outlook.com
Inferno Dance Rhyl		Shelley Cropper	01745 338383
Play Session		Nova Centre	01824 712323
Prestatyn Athletics Club		Eva Brewer	07545009704/ eva.brewer@welshathletics.org
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Racecourse Community Foundation - Football		Matt Jones	01978 294414
Rhyl Golf Club		Matthew parry	01745 353171
Rhyl Raptors Wheelchair Basketball		Mike Hayes	07960957779
Rhyl Tiger Sharks Football Club		Kelsey Evans	07769174750
Ruthin and Denbigh Gymnastics Club		Tamsin Jones	07779079838
Ruthin Tennis Club		John Braid	07527296082
Ruthin Tri Stars (Triathlon)		Roy Healey	07975863717
Swimming Lessons		Leisure Centre Staff	Rhyl L.C – 01745 352900 Denbigh L.C – 01745 816311 Ruthin L.C – 01824 703880 Corwen L.C – 01490 412600
Swimming Sessions		Leisure Centre Staff	As Above
VC Melyd Cycling Rhyl		Mark Allen	07768377515

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For more information contact: brett.jones@denbighshire.gov.uk or 07990561024

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