

Swimming Timetable

6th January – 11th February 2018

Monday

7.00am – 8.30am	Public Swim #
12.00pm – 1.00pm	Public Swim #
3.00pm – 4.00pm	Public Swim #
4.00pm – 6.15pm	Junior Swimming Lessons
6.15pm – 7.45pm	Swimming Club
7.45pm – 9.00pm	Adult Swim #

Tuesday

9:15am – 10:00am	Aqua Aerobics
10.15am – 11.45am	Parent & Toddler # *
12.00pm – 1.00pm	Public Swim #
3.00pm – 4.00pm	Public Swim #
4.00pm – 8.00pm	Swimming Lessons / Swimming Club
8:00pm – 8:30pm	Adult Swimming Lessons
8.00pm – 9.00pm	Lane Swim # (Cooler pool temperature)

Wednesday

3.00pm – 4.00pm	Public Swim #
4.00pm – 7.00pm	Junior Swimming Lessons
7:00pm – 7:30pm	Adult Swimming Lessons
7:30pm – 9:00pm	Public Swim #

Due to staff training there will be no public swimming Tuesday 3pm-4pm on the following dates:

9th January

Thursday

9.00am – 12.00pm	Water Babies
12.00pm – 1.00pm	Public Swim #
3.30pm – 6.00pm	Junior Swimming Lessons
6.00pm – 7.30pm	Public Swim #
7.30pm – 8.30pm	Aqua Aerobics #
8.30pm – 9.00pm	Public Swim #

Friday

7.00am – 8.30am	Public Swim #
12.00pm – 1.00pm	Public Swim #
3.00pm – 3.45pm	Public Swim #
3.45pm – 4.45pm	Swimming Lessons
4.45pm – 6:15pm	Swimming Club

Saturday

8.15am – 11.30am	Junior Swimming Lessons
11.45am – 12.30pm	Public Swim # / Pool Party (Please phone to enquire)

Sunday

8.30am – 10.00am	Public Swim #
10.00am – 11.00am	Family Swim # +
11.00am – 12.30pm	Public Swim #
12:30pm – 1:30pm	Pool Party (Please phone to enquire)

- Free session for all 60+ swimmers.
 * - £1 per adult
 + - Children are free with a paying adult.

For further information visit our webpage via **www.denbighshireleisure.co.uk** or contact Reception. Please take note of our Swimming Admission Policy displayed at Reception.