

Supported housing for people with substance misuse issues



Develop daily living skills and get support with benefits, education and employment



Northgate House

Northgate House is a supported housing scheme based in Haverfordwest. We provide supported accommodation for up to four tenants who have completed a course of treatment for misuse of alcohol or drugs. The house provides a stepping stone towards independent living, along with an opportunity to develop daily living skills, to access benefits, education and employment. The scheme can offer support for a period of up to two years.

Supported Housing

CAIS Supported Housing projects enable people to live independently in the community by providing accommodation and practical support as they learn the skills needed to keep a tenancy.

To be eligible for the service a person must:

- have a history of drug or alcohol misuse
- be currently working towards abstinence from drugs and alcohol
- need support for a period to manage and keep a tenancy
- be committed to developing and maintaining a drug and alcohol-free lifestyle, and be willing to participate in a personal support plan



01437 766 299
www.cais.co.uk

Referrals

Referrals can be made through Pembrokeshire Community Drug and Alcohol Team or via Northgate House.

For more details on how to make a referral please contact us on 01437 766 299 or 07580 364 880.

Collaboration

Residents at Northgate House can access a host of other services during their stay.

We work closely with a wide range of partners to ensure we can provide great links suitable to our residents' needs.

They include:

- counselling services
- SMART Recovery
- Dyfed Drug and Alcohol Service
- Pembrokeshire College
- VC Gallery, Haverfordwest
- Scolton Manor Museum and Country Park

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supporting independence
cefnogi annibyniaeth



CAIS Ltd is a limited company registered in England and Wales.

Registered Office: 12 Trinity Square, Llandudno, LL30 2RA

Registered Number: 2751104 Charity Number: 1039386

Tai â chefnogaeth i bobl sy'n dioddef broblemau camddefnyddio sylweddau




empowering change
grymuso newid

Datblygu sgiliau bywyd
beunyddiol a help
gyda budd-daliadau,
addysg a gwaith



Tŷ Northgate

Mae Tŷ Northgate yn Gynllun Tai Cymorth yn Hwlfordd. Rydym ni'n cynnig tai â chefnogaeth i hyd at bedwar tenant sydd wedi cwblhau cwrs o driniaeth i'w helpu gyda'u problemau camddefnyddio alcohol neu gyffuriau. Mae'r gwasanaeth yn cynnig cam tuag at fyw'n annibynnol ynghyd â chyfle i ddatblygu sgiliau bywyd bob dydd, i hawlio'r budd-daliadau priodol, manteisio ar gyfleoedd addysg a chael swydd. Gall y cynllun gynnig cymorth am gyfnod o hyd at ddwy flynedd.

Tai Cymorth

Mae Prosiectau Tai Cymorth CAIS yn galluogi pobl i fyw'n annibynnol yn y gymuned trwy ddarparu llety a chymorth ymarferol fel y gallan nhw ddysgu'r sgiliau sydd eu hangen i gadw eu cartrefi.

I fod yn gymwys i dderbyn y gwasanaeth hwn dylai person:

- Fod â hanes o gamddefnyddio cyffuriau neu alcohol
- mae'n rhaid ichi fod yn gweithio tuag at roi'r gorau i gyffuriau ac alcohol ar hyn o bryd
- Fod angen cymorth dwys am gyfnod i gadw cytundeb tenantiaeth
- Fod eisau byw heb alcohol a chyffuriau ac yn fodlon cymryd rhan mewn cynllun cymorth personol



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Cyfeiriadau

Gallwch gyfeirio pobl at y gwasanaeth drwy Dîm Cymunedol Cyffuriau ac Alcohol Sir Benfro neu drwy Dŷ Northgate.

I wybod mwy am sut i gyfeirio rhywun, cysylltwch gyda ni ar 01437 766 299 neu 07580 364 880.

Cydweithio

Gall preswylwyr Tŷ Northgate fanteisio ar lu o wasanaethau eraill yn ystod eu cyfnod yno.

Rydym ni'n cydweithio'n agos gydag amrywiaeth eang o bartneriaid er mwyn gofalu ein bod yn medru cynnig cysylltiadau gwych a fydd yn bodloni gofynion y preswylwyr.

Dyma rai o'r partneriaid rydym ni'n cydweithio gyda nhw:

- Gwasanaethau cwnsela
- SMART Recovery
- Gwasanaeth Cyffuriau ac Alcohol Dyfed
- Coleg Sir Benfro
- Oriel VC, Hwlfordd
- Amgueddfa a Pharc Gwledig Maenor Scolton

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