








Please don't forget to reserve your table for dinner.

DISHES AND THEIR ALLERGEN CONTENT - Bron Eifion Hotel- Breakfast Menu 2020

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Bron Eifion Full House		✓		✓		✓								
Bron Eifion Vegan Sausage Breakfast						✓								
Light Start Eggs Served on Toast		✓		✓		✓	✓							
Avocado on Granary Toast		✓				✓								
Eggs Bron Eifion		✓		✓		✓	✓							✓
Baked Smoked Haddock				✓	✓		✓							✓
Belgian Waffles		✓		✓		✓	✓							
Vegan Pancakes		✓				✓							✓	
Croissant		✓		✓			✓							
Granary Toast		✓				✓								

Review date: February 2020 Reviewed by: M Curelea Head Chef

 You can find this template, including more information at www.food.gov.uk/allergy



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BREAKFAST TIME!

Welcome to Bron Eifion Country House

Good Morning...

A member of our team will take your order at the table.

Freshly brewed coffee.
English breakfast tea.
Earl Grey tea.

A selection of speciality teas are also available.

Fruit juice

Orange, cranberry, grapefruit, apple, tomato

Cereals

Alpen, All-Bran, Bran Flakes, Cornflakes, Frosties, Special K, Rice Krispies, Weetabix.

Porridge served with honey and fresh berries.
(vegan/GF alternative available).

Choice of fruit or natural local yoghurt.

Fresh fruit salad.

Hot selection – Please choose one

Bron Eifion Full House

Sausage, bacon, fried egg, grilled tomato, mushrooms, beans, fried bread, black pudding.

Vegan sausage, mushroom, tomato, baked beans, fried bread.

Light Start

Free range eggs

Served on toast. Poached, scrambled, fried, or boiled.

Smashed avocado

With tomato on granary toast drizzled with olive oil.

Eggs Bron Eifion

Toasted muffin with ham, spinach, two poached eggs and hollandaise sauce.

Baked Smoked Haddock

Eggs, creamed spinach.

Belgian Waffles

Fresh berries and maple syrup.

Vegan Pancakes

Fresh berries and maple syrup.

Freshly baked croissant, white or granary toast.
Marmalade and preserves.

**Non-resident guests £12.95 per adult and
£6.95 per child (under 12 years of age).**

Allergies and intolerances

If you have any concerns, please ask a member of our team before ordering.

